

# THE THURSDAY CLUB NATTER

## WELCOME

In this edition we welcome back a popular contributor. Derek Healing returns with his informative articles “Nature Notes”. The key gossip to share is who are the chosen few receiving their vaccinations? The common question is “When is it my turn?”. The purpose of the Natter is to brighten your week and it needs your ideas and contributions. However small they are, they are always appreciated by the readers. Our aim is to inform and cheer up everyone.

### 24 hour service

**NEED HELP OR ADVICE?  
CONTACT PETER  
MOB NO 07974573582**

[peter.crathorne@gmail.com](mailto:peter.crathorne@gmail.com)

### *bag o' books.....*

*There are shopping bags of books that can be delivered to your doorstep. You look through these, make your selection and the bag is collected from your doorstep later.*

MEETINGS ON ZOOM IN THE COMING WEEK – 23.01.21, and 28.01.21

Tuesday Morning discussion group 11.00am. Topics include “Does Biden bring hope? Who should monitor the media? Is Henley doing enough to support its most vulnerable?”

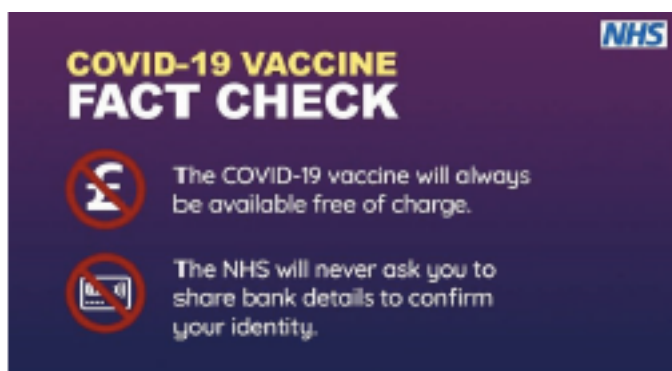
Participants suggest items for discussion and each item is generally given 20 minutes with the chairman ensuring that all get an opportunity to make a contribution. While this does not suit everyone, those who have joined say they have enjoyed the session.

THURSDAY CLUB 11.00 – 12.00  
Usual chaos.....

WEEKEND CATCH UP SATURDAYS 11.00 – 12.00  
No computer then dial in on your home phone during the meeting times.  
Dial 0131 460 1196. and when requested enter 377 931 4064 followed by the hash key and chat away.

As we are in tier four the Hub will have to remain closed.

# UPDATES ON THE VACCINATION PROGRAMME



## COVID VACCINE SCAM ALERT—an NHS update, dated 12th January 2021

Some people are receiving suspicious calls and text messages offering vaccinations. Remember, the vaccine is only available on the NHS, free, for people in priority groups. You will be contacted by the NHS when it is your

turn. Offering a paid-for vaccine is a crime. At the moment house calls are not being made to deliver or discuss the vaccine. Anyone doing so is committing a crime.

If you receive a fraudulent call, hang up. If you think you have been a victim of fraud contact Action Fraud on 0300 123 2040. If you are vulnerable, and particularly if you are worried that someone has or might come to your house, report it to the Police online or by calling 101. Peter is available for a reassuring chat if you are concerned.



## COVID 19 VACCINATION PROGRAMME

Everyone is aware that the vaccination programme is being rolled out across the country, starting with the over 80s and the most vulnerable. The majority of our members attend the Henley Surgery and their patients are linked into the Studley Village Hall Vaccination Centre. We understand that some patients have been invited to the mass vaccination hub in Birmingham and

Redditch which we understand may be quicker but you don't have to travel that far, you can wait to be invited to the Studley centre. Patients are being contacted in priority order and should wait to be contacted. All surgeries are asking you not to contact them in the first instance.

Here is the Natter's understanding of the order of priorities.

1. Older adult residents in care homes and their carers
2. All over 80s and frontline health and social care workers
3. All over 75s
4. All over 70s and those who are clinically extremely vulnerable
5. All over 65s
6. Anyone between 16 and 64 with underlying health conditions
7. All those 60 years of age and over
8. All those 55 years of age and over
9. All those 50 years of age and over

If you would be prepared to share your vaccination experience to help prepare those who are lower on the priority order, then send a message and your story will be shared next week

## Nature Notes - *Derek Healing*



An important nature weekend coming up from January 29<sup>th</sup> to 31<sup>st</sup> when we can all take part.

The Big Garden Birdwatch has been going for over 40 years and plays an important part in understanding the challenges for garden birds, noting the increases and declines of species and searching for reasons why Song Thrushes have

declined by 76% and House Sparrows by 53% while Long-tailed tits have risen into the top 10 for the first time.

Most of us have plenty of Covid-19 time to spare so choose any hour that weekend and look out from the safety of your home.

Count the birds you see that land. Ignore any in flight, just record the highest number of each species you see at any one time during the hour, not a running total, so we don't count the same bird twice.

Submit your results before February 15<sup>th</sup> to: [rspb.org.uk/birdwatch](https://www.rspb.org.uk/birdwatch)

If you would prefer to tender your results by post, you can send them free to:

**FREEPOST RSPB BIG GARDEN BIRDWATCH**

That is all you need put on the envelope; no stamp required.

Every count is important so, if you don't see anything, please still submit your result. Finding out which birds do not visit our area is as important as understanding those which do.

The 2020 top ten nationally were:

1 House sparrow

2 Starling

3 Blue tit

4 Woodpigeon

5 Blackbird

6 Goldfinch

7 Great tit

8 Robin

9 Long-tailed tit

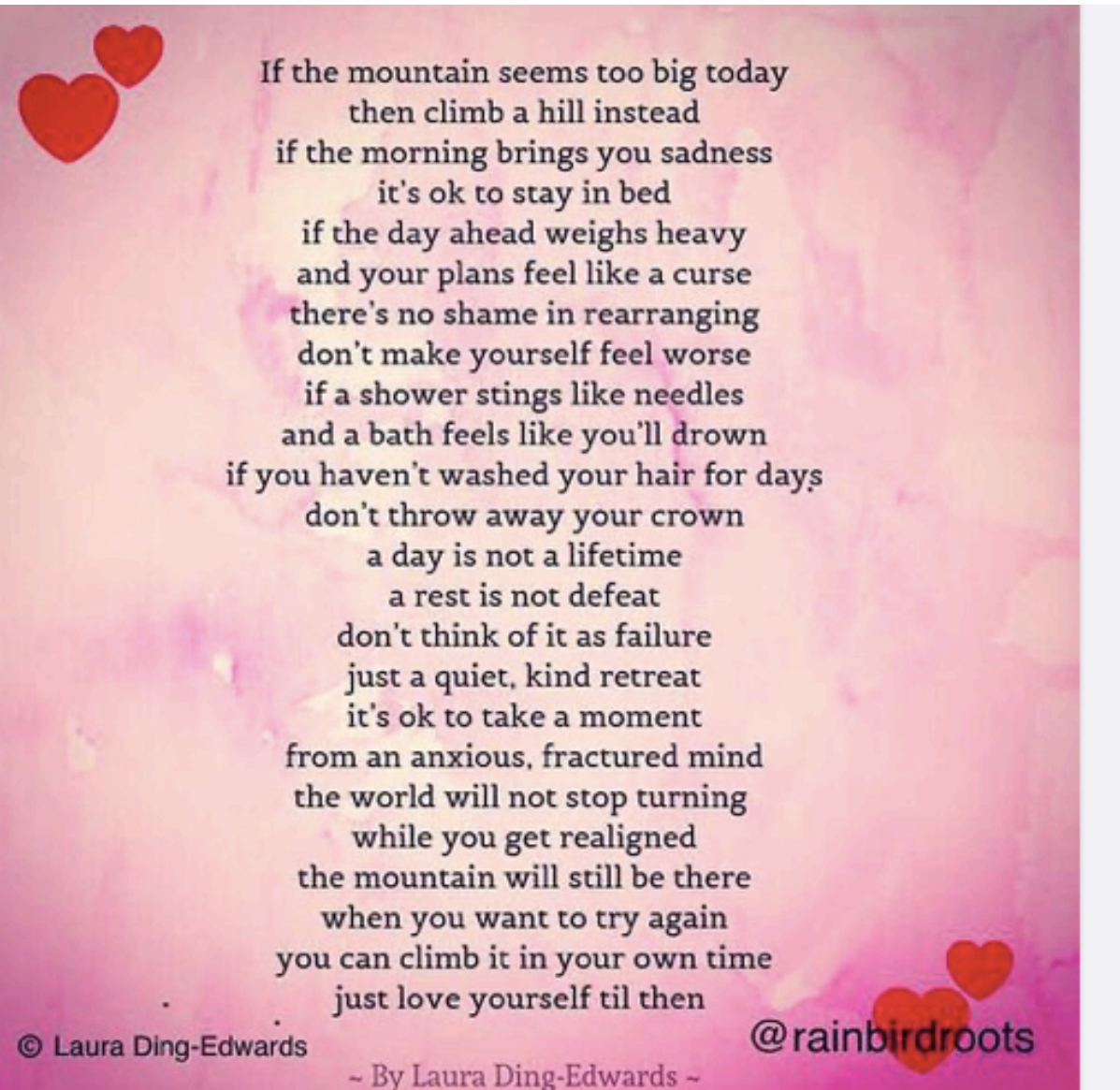
10 Magpie

Nearly 500,000 people counted almost 8 million birds in the 2020 watch, so the results are significant and helpful in looking for reasons for the changes.

*Welcome back Derek, what a great way to spend an hour, through glass or out in the fresh air. I can print out and deliver the answer forms and submit them for you.*



A THOUGHT PROVOKING AND ENCOURAGING POEM.



If the mountain seems too big today  
then climb a hill instead  
if the morning brings you sadness  
it's ok to stay in bed  
if the day ahead weighs heavy  
and your plans feel like a curse  
there's no shame in rearranging  
don't make yourself feel worse  
if a shower stings like needles  
and a bath feels like you'll drown  
if you haven't washed your hair for days  
don't throw away your crown  
a day is not a lifetime  
a rest is not defeat  
don't think of it as failure  
just a quiet, kind retreat  
it's ok to take a moment  
from an anxious, fractured mind  
the world will not stop turning  
while you get realigned  
the mountain will still be there  
when you want to try again  
you can climb it in your own time  
just love yourself til then

© Laura Ding-Edwards      @rainbirdroots  
~ By Laura Ding-Edwards ~

### BEE POPULATION UNDER A NEW THREAT.

A bee-killing pesticide so poisonous that it is banned by the EU may be used on **sugar** beet in England, the government has announced.

The decision to allow temporary use of the pesticide prompted fury from **nature**-lovers and environmentalists, who accused ministers of bowing to pressure from farmers.

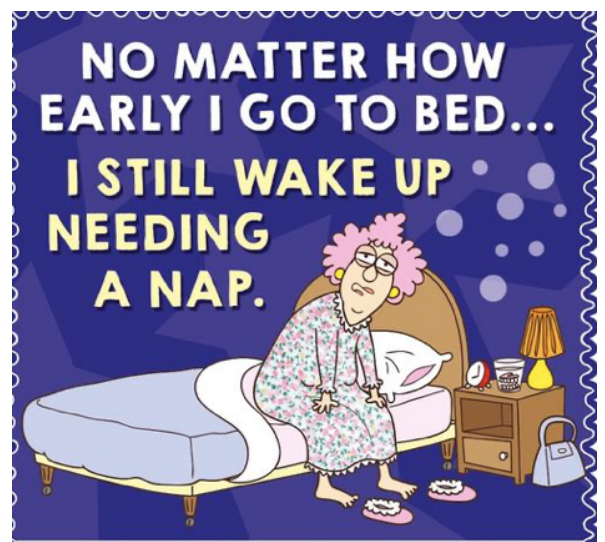
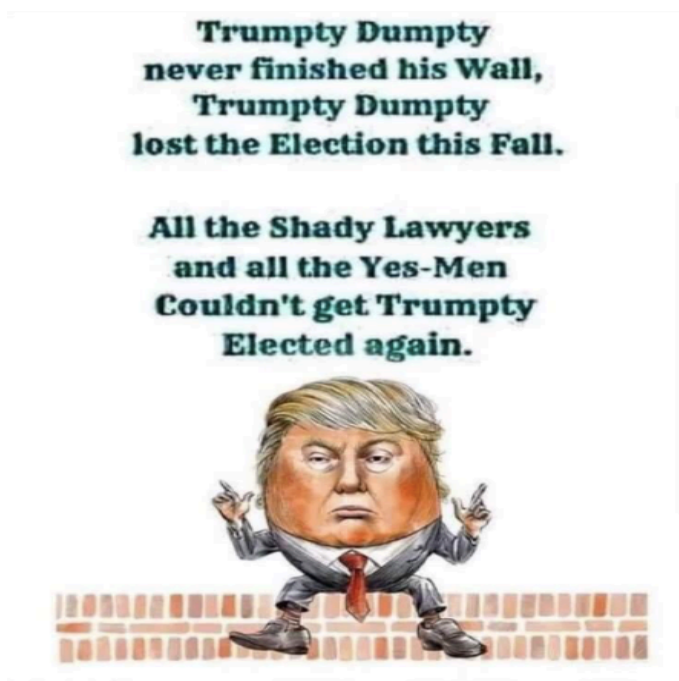
They said during the **biodiversity crisis**, when at least half the world's **insects** have disappeared, the government should be doing everything it could to save **bees**, not allow them to be killed.

Read more



Environment secretary **George Eustice** has agreed to let a product containing the neonicotinoid thiamethoxam to treat sugar beet seed this year in an effort to protect the crop from a virus.

Joke time.....





# Clip & Collect Garden Waste Service

## How do I opt-in to have my green bin emptied?

**1** Sign-up at [www.stratford.gov.uk/gardenwaste](http://www.stratford.gov.uk/gardenwaste) or telephone 01789 260628.

**2** Pay £40 per green bin for a 12 month subscription from 1 April 2021 to 31 March 2022.

**3** You will receive a permit to put on your green bin prior to 1 April 2021.

**4** The service will start on 1 April 2021, for those who have subscribed. Your green bin will not be emptied if you have not signed up.

Sign up between  
11 January and  
28 February 2021  
for an early bird charge of  
£35 per green bin

Food waste can still be collected on your recycling week even if you don't subscribe to the garden waste service. FREE food waste caddies are available on request.



For more information, please telephone 01789 260628  
email [streetscene@stratford-dc.gov.uk](mailto:streetscene@stratford-dc.gov.uk)  
or visit [www.stratford.gov.uk/gardenwaste](http://www.stratford.gov.uk/gardenwaste)

Need some help with this phone Peter.

Do you remember when you had to drink a third of a pint of milk at school? In summer, the warm milk made you gag, in winter it would be frozen and had to thaw out by the radiator. Freezing cold or warm - did you love it or hate it?



Why not share your school time memories?  
phone or email Peter.

# Quiz Time

NAME OF THE HORSE	NAME OF THE FAMOUS RIDER
BLACK BESS	DICK TURPIN
COPENHAGEN	DUKE OF WELLINGTON
HIPPOCAMPUS	POSIEDON
MARENGO	NAPOLEON
PEGASUS	BELLERPHON
SILVER	LONE RANGER
TRIGGER	ROY ROGERS
DIABLO	CISCO KID
SCOUT	TONTO

THE ANSWERS TO MATCHING THE FAMOUS HORSE TO THE EQUALLY NOTABLE RIDER. SORRY IT WAS SO HARD.

HERE'S A QUIZ WE SHOULD BE EXPERT AT: RE-ARRANGE THE DISORDERS TO FIT THE HOSPITAL DEPARTMENT – HELP YOU MAKE SURE THE GP SENDS YOU TO THE RIGHT CONSULTANT!!!

HOSPITAL DEPARTMENT	PUT IN THE CORRECT HEALTH CONDITION	JUMBLED HEALTH CONDITIONS
UROLOGY		HEART CONDITIONS
PSYCHIATRY		EYES
ORTHOPAEDICS		EARS
OPHTHALMOLOGY		HAVING A BABY
ONCOLOGY		ELDERLY PATIENTS
OBSTETRICS		CANCER AND BLOOD DISORDERS
GYNAECOLOGY		KIDNEYS
GASTROENTEROLOGY		BONE FRACTURES
GERIATRICS		MENTAL HEALTH
ENT		MUSCULOSKETAL DISORDERS
CARDIOLOGY		SICK CHILDREN
RHEUMATOLOGY		INTESTINAL DISORDERS
PAEDIATRICS		FEMALE REPRODUCTIVE ORGANS DISORDER



## THIS IS THE FUNDRAISING SECTION.

The Hub has to raise £60,000 each year to maintain the programme that the community have come to rely on.

Raise free funds for us every time you shop online through easyfundraising

Shop with over 3,000 online sites including:

amazon.co.uk John Lewis ebay M&S Asda Sainsbury's ASDA  
Argos Booking.com DEBENHAMS FIVE BELOW Sainsbury's ASDA  
Viking moonpig

Find out more

We have many personal donors together raising £12,000 each year. If you would like to join them contact Peter

## USE THE DONATE BUTTON ON THE HUB'S WEBSITE

[www.thehubathenley.co.uk](http://www.thehubathenley.co.uk)



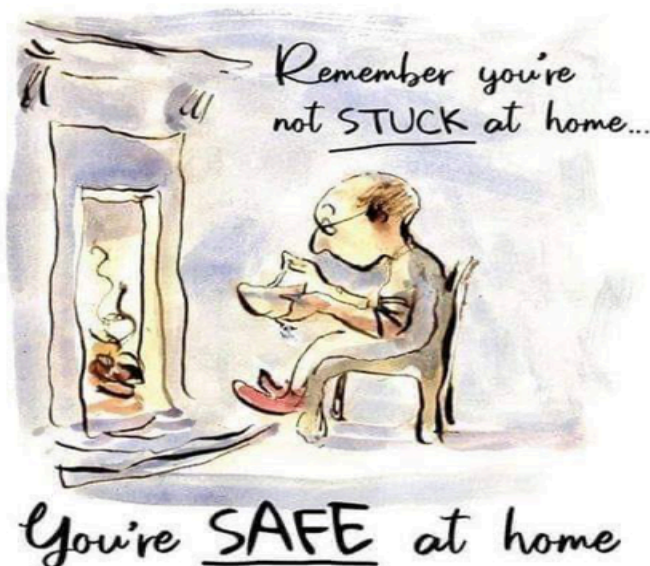
When you buy selected Co-op products and services, 2p for every £1 spent goes into your membership account. And we'll split the same between like-minded organisations and local causes. You can select a local cause you would like to support. If you do not select a cause to support, we'll share the funds you raised equally between the 3 causes in your community. We give you a new set of causes to choose from every October. You can change the cause you support at any time. Please go on line to your co-op Account and opt into the Hub we need your support.

Support  
The Hub@Henley  
Community Centre Cio

When you shop at [smile.amazon.co.uk](http://smile.amazon.co.uk),  
Amazon Donates

Visit [smile.amazon.co.uk](http://smile.amazon.co.uk)

[smile.amazon.co.uk](http://smile.amazon.co.uk)



*For DVDs Check the list in previous editions and book by phoning Peter. We have about 50 in Stock*

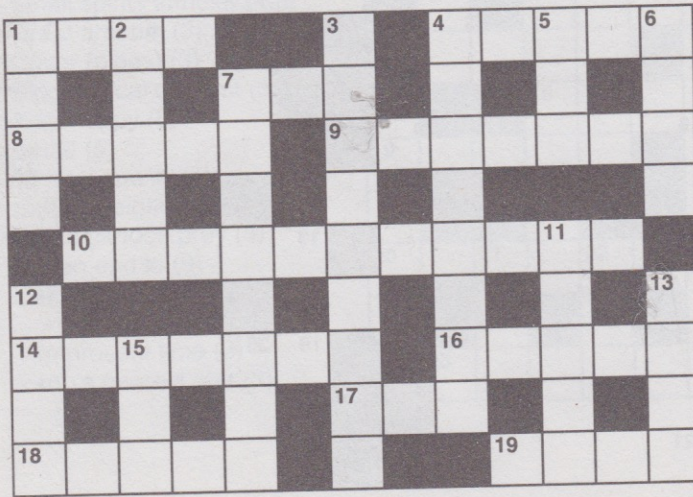
Your puzzle for this week

**ACROSS**

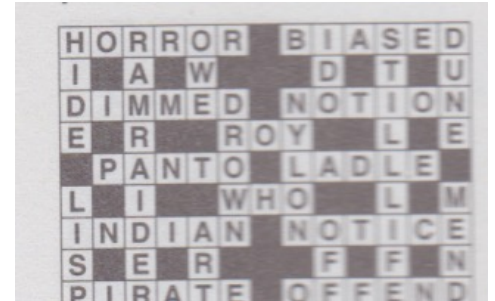
- 1 Bag for coal (4)
- 4 Feeling, instinct (5)
- 7 Deity (3)
- 8 Cuban dance style (5)
- 9 Tourist city in Florida (7)
- 10 Residential care facility (7,4)
- 14 Rapid rise (7)
- 16 Start (5)
- 17 Snooze (3)
- 18 Liquefied (5)
- 19 Hospital photo (1-3)

**DOWN**

- 1 Unchanged (4)
- 2 Wales, in Welsh (5)
- 3 Decoration (9)
- 4 Large toy ring (4,4)
- 5 Convent sister (3)
- 6 Cow's foot (4)
- 7 Err (2,6)
- 11 Stingy hoarder (5)
- 12 Cat sound (4)
- 13 Sojourn (4)
- 15 Close relation (3)



Answers to last edition's puzzle



Anyone interested in setting a crossword to share with everyone. You could just draw it out and I will transfer it to a form suitable for this magazine.

**POSITIVITY CORNER**

It's important to think about what we can be grateful for, especially the small things

