

THE THURSDAY CLUB NATTER



EDITION 28

26.02.21

WHERE ALL THE GOSSIP CAN BE FOUND

WELCOME

The government announces a pathway to the end of lockdown. Our spirits lifted, then we read on to find that for most of our desired activities we are going to have to wait for quite some time before we can relax. The Hub management will be looking at every opportunity to restore “normal service”. However, it looks like there are very limited opportunities to introduce the sessions we all want.

In this edition you should note an extra special event on Zoom for next Tuesday 2nd March when Derek Healing, our nature correspondent and his wife Jill will be joining the Tuesday Zoom. They will be trying to answer your questions, sharing ideas in a lighthearted fashion. We hope that as many people as possible will join this session either on their devices or on the phone.

Here is a painting completed this week by Lynette our One Show star



Say hello to Jonathan he was born in 1832 & is 189 years old



bag o' books.....

There are shopping bags of books that can be delivered to your doorstep. You look through these, make your selection and the bag is collected from your doorstep later

Sophie's Positivity Corner



If there's one thing that's always on my mind, it's food. I'm either constantly hungry or feeling queasy thanks to my anxiety. This is perfectly normal for me and I'm used to it, but that doesn't mean I sit back and let my anxiety take over my life, I find new and resourceful ways to help reduce it. Sometimes I read, sometimes I listen to music and sometimes I just focus on my breathing. However, the one thing that has always made the biggest difference is cooking.

During this pandemic, it is only natural for everyone to experience a little bit of anxiety, even if you've never experienced it before. This may not be comforting to you, but just know that you're not alone and there are plenty of things you can do to quiet your mind. Big changes in our lifestyle will always come with an uneasy feeling, but if you can find what works best for you, it will help you to manage it so much better.

As I said, for me cooking is a big part of my anxiety management. It gives me something to focus on and the sense of achievement I get from perfecting a new dish gives me a lovely boost of serotonin; plus, I get to eat at the end which is a bonus.

My challenge to you this week is to find a recipe that you've put off making before because it's too difficult, or too long, or just too fancy and get to cooking! Spend the time really focusing on the smell and texture of your dish, enjoy the warmth from your oven and go to your happy place. I promise you it will work wonders. Just don't blame me if you put on a few pounds...



HELP FOR GETTING THERE.....

Transport available to take you to your vaccinations

VASA can be contacted on 01789 262889 (press option 1) Monday to Friday, 9am to 4pm or email transport@vasa.org.uk or talk to Peter

**Need advice, help, or just a chat - phone Peter
07974573582. peter.crathorne@gmail.com**

Nature Notes - *Derek Healing*

Spring is on the way and along with snowdrops and crocus come the lovely Hellebores. My wife Jill is an avid Hellebore grower and collector with about 120 different ones in our garden. They will readily hybridise but you wait up to 4 years for flowering to see what you have developed. Here are a few photographs of some of this year's blooms



DON'T FORGET TO MEET UP WITH DEREK AND HIS WIFE JILL ON TUESDAY 2ND MARCH 11.00AM FOR A GARDEN NATURE SPECIAL ZOOM.

Here is a summary of our support programme at the moment. Each member receives a weekly newsletter called the Thursday Natter either by email or a printed version where there is no device. Here you will find local news, gossip, thoughtful words, information, quizzes and challenges. Each week those with computers can join three conferencing video sessions designed to be the poor relation of meeting up at our Thursday club or just bumping into people on the street. On Thursday we play competitive onscreen games and we have even enjoyed a Murder Mystery Event, though it's all mainly a friendly chat.

There are a key number who are in phone groups and try to speak every day, some get a specialist call every day from the hub volunteers who have access to a whole range of supporting mechanisms. For these supermen and women there is nothing they cannot do or will find someone who can!

TRY THE ZOOM MEETING THEY ARE REALLY GOOD FUN



Here is the group from last Thursday. During the gossip each participant was challenged to include a secret word in their conversation. If they could do this without the rest of the group spotting the “word” they gained a point. This added to the usual fun and chaos. It is definitely not like our usual Thursday Club but it is much better than not seeing anyone from one day to the next.

WHAT ARE THE STAGES OF RETURNING TO NORMAL?

The Roadmap steps

Step 1

Figure 9: Step 1

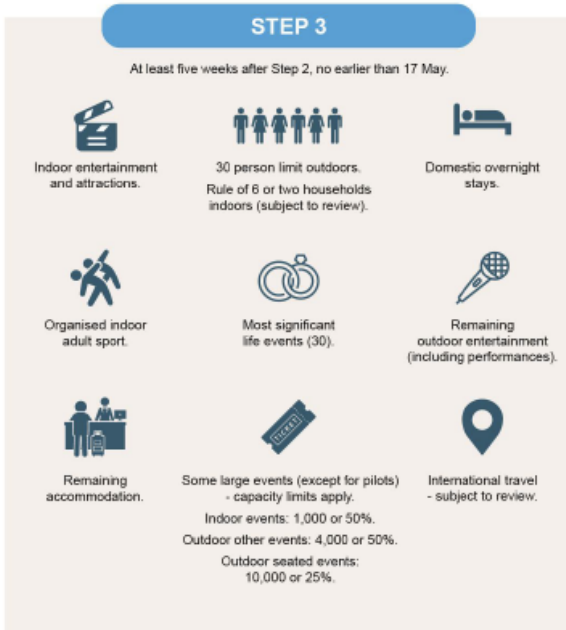


Figure 10: Step 2



Step 3

Figure 11: Step 3

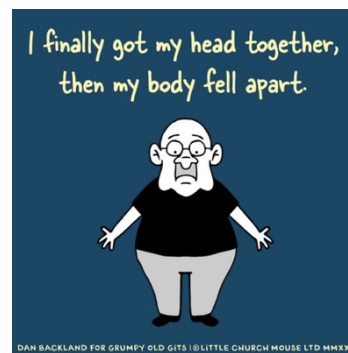


Step 4

Figure 12: Step 4



Joke time.....



ON COWS

FEUDALISM: You have two cows. Your lord takes some of the milk.

FASCISM: You have two cows. The government takes both, hires you to take care of them and sells you the milk.

PURE COMMUNISM: You have two cows. Your neighbours help you take care of them, and you all share the milk.

APPLIED COMMUNISM: You have two cows. You have to take care of them, but the government takes all the milk.

DICTATORSHIP: You have two cows. The government takes both and shoots you.

SINGAPOREAN DEMOCRACY: You have two cows. The government fines you for keeping two unlicensed farm animals in an apartment.

PURE DEMOCRACY: You have two cows. Your neighbours decide who gets the milk.

REPRESENTATIVE DEMOCRACY: You have two cows. Your neighbours pick someone to tell you who gets the milk.

AMERICAN DEMOCRACY: The government promises to give you two cows if you vote for it. After the election, the president is impeached for speculating in cow futures and having an affair with a milkmaid. The press dubs the affair "Cowgate."

EU BUREAUCRACY: You have two cows. At first the government regulates what you can feed them and when you can milk them. Then it pays you not to milk them. After that it takes both, shoots one, milks the other and pours the milk down the drain. Then it requires you to fill out forms to account for the missing cows.

CAPITALISM: You have two cows. You sell one and buy a bull. Your herd multiplies and the economy grows. You sell them and retire on the income.

HONG KONG CAPITALISM: You have two cows. You sell three of them to your publicly listed company, using letters of credit opened by your brother-in-law at the bank, then execute a debt/equity swap with an associated general offer so that you get all four cows back, with a tax deduction for keeping five cows. The milk rights of six cows are transferred via a Panamanian intermediary to a Cayman Islands company secretly owned by the majority shareholder, who sells the right to all seven cows' milk back to the listed company. The annual report says that the company owns eight cows, with an option on one more. Meanwhile, you kill the two cows because of bad feng shui.

TOTALITARIANISM: You have two cows. The government takes them and denies they ever existed. Milk is banned.

POLITICAL CORRECTNESS: You are associated with (the concept of 'ownership' is a symbol of the phallogocentric, warmongering, intolerant past) two differently aged (but no less valuable to society) bovines of non-specified gender.

A GERMAN CORPORATION: You have two cows. You re-engineer them so they live for 100 years, eat once a month and milk themselves.

A US CORPORATION: You have two cows. You sell one and force the other to produce the milk of four cows. Later you hire a consultant to analyse why the cow has dropped dead.

A SWISS CORPORATION: You have 5000 cows. None of them belong to you. You charge the owners for storing them.

AN ITALIAN CORPORATION: You have two cows, but you don't know where they are. You decide to have lunch.

A FRENCH CORPORATION: You have two cows. But you want three cows so you go on strike, organise a riot and block the roads.

A JAPANESE CORPORATION: You have two cows. You redesign them so they are one tenth the size of an ordinary cow and produce twenty times the milk.

A RUSSIAN CORPORATION: You have two cows. You count them and learn you have five cows. You count them again and learn you have 42 cows. You count them again and can only see two cows. You stop counting cows and open another bottle of vodka.

AN INDIAN CORPORATION: You have two cows. You worship them.

A CHINESE CORPORATION: You have two cows. You have 300 people milking them. You claim you have full employment and high bovine productivity. You arrest the journalist who reported the real situation.

AN AUSTRALIAN CORPORATION: You have two cows. Business seems pretty good. You close the office and go for a few beers to celebrate.

Evidence has been found that William Tell and his family were avid bowlers. Unfortunately, all the Swiss League records were destroyed in a fire, and so we'll never know for whom the Tells bowled.

There were three Indian squaws. One slept on a deer skin, one slept on an elk skin, and the third slept on a hippopotamus skin. All three became pregnant. The first two each had a baby boy. The one who slept on the hippopotamus skin had twin boys. *This just goes to prove that the squaw of the hippopotamus is equal to the sons of the squaws of the other two hides.*

A sceptical anthropologist was cataloguing South American folk

remedies with the assistance of a tribal elder who indicated that the leaves of a particular fern were a sure cure for any case of constipation.

When the anthropologist expressed his doubts, the elder looked him in the eye and said, *"Let me tell you, with fronds like these, you don't need enemas."*



Kim's Korner



This is an EYE TEST QUIZ
Count every " F " in the following text:
FINISHED FILES ARE THE RESULT
OF YEARS OF SCIENTIFIC STUDY COMBINED WITH
EXPERIENCE OF YEARS.

How many did you get on your first attempt??...6! Peter didn't!

Riddle 1: 🤔😏
I HAVE BRANCHES, BUT NO FRUIT, TRUNK OR LEAVES. WHAT AM I?
A BANK

Riddle 2: 😊😏
WHAT GETS WET WHILE DRYING? A TOWEL

Riddle 1 -
You can see me in water, but I never get wet.
What am I?

Riddle 2 -
The more you take the more you leave
behind. What am I?

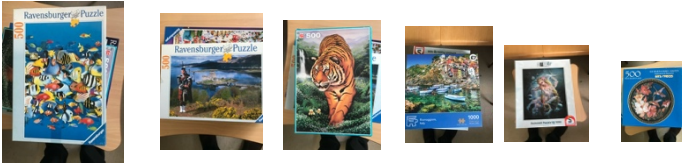
FIND THE 5 DIFFERENCES



Smiling is infectious
You catch it like the flu
When someone smiled at me today
I started smiling too
I walked around the corner
And some one saw me grin
When he smiled I realised
I had passed it on to him
I thought about the smile
And then realised it's worth
A single smile like mine
Could travel round the earth
So if you feel a smile begin
Don't leave it undetected
Start an epidemic
And get the world infected

By spike Milligan.

DON'T FORGET THE JIGSAWS AND THE DVDS



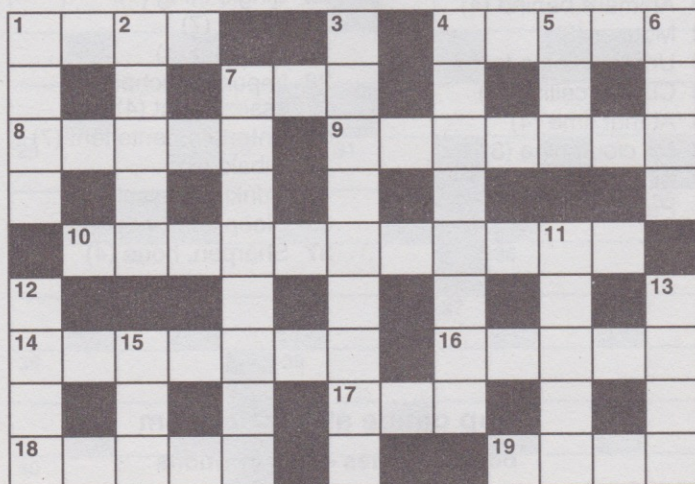
Crossmaking Crossword

ACROSS

- 1 Go by horse (4)
- 4 Black, in heraldry (5)
- 7 Bituminous material (3)
- 8 Ceremonial table (5)
- 9 Char or domestic (7)
- 10 Factual TV programme (11)
- 14 Illuminated at night (7)
- 16 Of a town or city (5)
- 17 Butt (3)
- 18 Stories (5)
- 19 Thin strand (4)

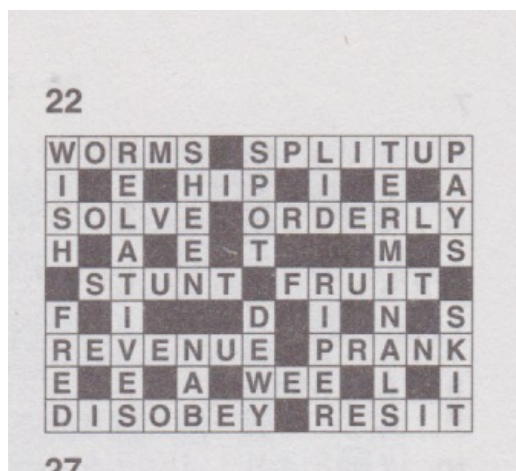
DOWN

- 1 Enjoy a book (4)
- 2 The same (5)
- 3 Classical band (9)
- 4 Range of colours (8)
- 5 Garbage can (3)
- 6 Italian coin (4)
- 7 Annoys (8)
- 11 Jewish leader (5)
- 12 Discharge (fumes) (4)
- 13 Quick cut (4)
- 15 Lubricant (3)



solution on page 124

ANSWERS TO LAST WEEK'S PUZZLE



Raise free funds for us every time you **shop online** through easyfundraising

Shop with over 3,000 online sites including:

amazon.co.uk John Lewis ebay M&S Boden GAP Sainsbury's ASDA
Argos Booking.com DEBENHAMS Next ASDA VIKING moonpig

[Find out more](#)

Support The Hub@Henley Community Centre Cio

When you shop at smile.amazon.co.uk, Amazon Donates

Visit smile.amazon.co.uk

smile.amazon.co.uk